



We embrace the process of transformation in Christ both in ourselves and in others, through the practice of Centering Prayer. Contemplative Outreach is a network of communities and individuals seeking the inspiration and guidance of the Holy Spirit and to contribute to the renewal of the Christian contemplative tradition through the practice of Centering Prayer. Vision Theological Principal 1

Dear Fellow Mystics,

Ardent new contemplatives welcomed us at our Introduction to Centering Prayer Workshop at St. Anthony of Padua Catholic Church last November 16th. Thanks to seeds planted by their pastor Fr. Vic Galier last January, this vibrant community has begun the Centering Prayer spiritual journey.

During the first week of December I retreated with Cynthia Bourgeault as she illustrated “Mr G. Meet Mr. T. (Gurdjieff meet Teilhard)” at Claymont Retreat Center, Charles Town, WV. In five short days Cynthia made simple the complex revelations of astonishing Love that is shaping our cosmos.

Rector Ceci Duke of Christ Church Episcopal in Norcross warmly welcomed our Introduction to Centering Prayer Workshop at her parish December 7th. Our 6 continuing sessions begin there at 10 am Saturday, January 11th. We are excited now that Centering Prayer is in the Norcross/Peachtree Corners area.

On December 8th our coordinating team members met for our quarterly meeting, getting our annual report, seen on page 2 along with pictures on page 3. Thanks to their help, we have 50 folders stuffed and ready for our next Intro workshops. We hope to meet each quarter to touch base, plan and coordinate together. Following Fr. Thomas’ plan to restructure our organization away from a hierarchical design, all members of all our Centering Prayer groups are important and vital to Contemplative Outreach Atlanta. We hope you can join our meeting dates for 2020: March 8, June 14, Sept 6, Dec 6.

Recently friends and I saw the movie “A Hidden Life,” about Franz Jägerstätter, an Austrian farmer martyred for refusing allegiance to Hitler. This heart-rendingly beautiful film directed by Terrence Malick challenges with the question: what difference would it make if we refused to participate in a powerfully evil system? Franz’ little hidden life did make a gigantic difference. We do the same every time we “go to our private room and close the door” and consent to God’s love within us.

Join us at Grant Park Meditation Center on Saturday January 4th when Carl McColman will present an Introduction to Centering Prayer Workshop 9 am to 4 pm. We are eager to connect with our fellow interspiritual contemplative friends.

I hope to see you at our book signing event by three of our North Georgia contemplative authors--Lerita Coleman Brown, Stuart Higginbotham, and Carl McColman--at Mary & Martha’s Place at St. Dunstan’s Episcopal at 4 to 6:00 PM on Sunday, January 12th.

I plan to make the Vow of Nonviolence, written by John Dear and Eileen Eagan, that I do every year on January 1st. May our new year be one of nonviolence.

Check out our exciting calendar for 2020 on page 4. Hope you can join us at our events.

Christmas blessings of peace, love, and prayer,

Maggie

Introduction to Centering Prayer Workshops

January 13, 2019 Ignatius House	30 people
March 9, 2019 St Thomas Aquinas	24 people
May 20, 2019 Ignatius House	30 people
March 23, 2019 High Point Episcopal Church Sandy Springs	12 people
June 8, 2019 St Andrews in Pines Peachtree City	19 people
Oct 12, 2019 – Transfiguration Catholic Church, Marietta	14 people
Oct 19, 2019– St Julian’s Episcopal Church, Douglasville	12 people
Nov 16, 2019– St Anthony of Padua Catholic Church, Atlanta	19 people
Dec 7, 2019– Christ Church Episcopal, Norcross	12 people

United in Prayer Day

Holy Family Church, March 16th	10 people
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Morning of Silence

St. Aidan’s Episcopal, March 30 th	22 people
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Day of Reflection

Dia de los Muertos Nov 2, 2019– Rev. Cynthia Hizer & Barbara Hotz	12 people
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Centering Prayer Retreats

July 19 to 21, 2020 – Centering Prayer, Yoga & Mindfulness Retreat at Ignatius House	38 people
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Nov 6 to 10, 2019 – Centering Prayer Intensive/ Post-Intensive 5-Day Retreat at Holy Spirit Monastery	19 people
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Total retreatants & Day of Reflection Participants **82 people**

Total Introduction Workshop and Retreatants **273 people**

Contemplative Outreach Atlanta Year in Pictures 2019- page 3



Feb 16 Day of Discernment with Marie Howard



January 13th Intro to Centering Prayer Ignatius House



Introduction to Centering Prayer Workshop St. Thomas Aquinas March 9th



United in Prayer Day March 16th Holy Family Church



Introduction to Centering Prayer Workshop Highpoint Episcopal March 23rd



Morning of Silence March 30th St. Aidan's



Martin Laird at Holy Spirit Monastery April 6th



Carl McColman's Introduction to Centering Prayer Workshop Ignatius House May 20th



Introduction to Centering Prayer Workshop St Andrew's in the Pines June 8th

Centering Prayer Retreat July 19-21 Ignatius House



Contemplative Outreach Ltd International Conference Denver Sept. 19-22



Introduction to Centering Prayer Workshop Transfiguration Oct 12th



Sacred chocolate at Dia de los Muertos Day of Reflection Nov. 2nd



Intro to Centering Prayer Workshop St Julian's Oct 19th

5-Day Intensive/ Post-Intensive Retreat Monastery of the Holy Spirit Nov 6-10



Intro to Centering Prayer Workshop St Anthony of Padua Nov 16th



Padua Nov 16th

Introduction to Centering Prayer Workshop Christ Church Episcopal Dec 7



Cynthia Bourgeault Retreat Claymont, WV Dec 6-10





Calendar of Events

Spread the word to your friends and group members to join us.

Book Signing 4 to 6 pm January 12th with Lerita Coleman Brown, Stuart Higginbotham & Carl McColman at Mary & Martha's Place, St Dunstan's Episcopal Church, 4393 Garmon Road NW, Atlanta 30327.

Quarterly Coordinating Team Gatherings for 2020:
Sundays - March 8, June 14, Sept 6, Dec 6.

Retreats

- ❖ **July 17 to 19, 2020** - Ignatius House—to register, go to ignatiushouse.org, **Programs, then Calendar; find the date and click on it.**
- ❖ **October 28 to Nov 1, 2020** - 5 Day Intensive/Post-Intensive Retreat Monastery of the Holy Spirit – To register contact Patti Wilson at (770) 760-0959 or retreat@trappist.net
- ❖ **May 12-16, 2021** – 5 Day Intensive/Post-Intensive Retreat at the Monastery of the Holy Spirit, Conyers, GA. To register Patti Wilson at (770) 760-0959 or retreat@trappist.net

Introduction to Centering Prayer Workshops –

- ❖ **Saturday January 4, 2020** – 9 am to 3 pm at Grant Park Meditation Center, Atlanta
- ❖ **Saturday, February 15, 2020** – 9 am to 3 pm at St Mary and St Martha of Bethany, Buford
- ❖ **Saturday February 22, 2020** – 9 am to 3 pm at Chestnut Ridge Christian Church, Marietta
- ❖ **Sunday Mar 1, 2020** -9-4 Ignatius House Intro to CP workshop – To register, go to ignatiushouse.org, **Programs, then Calendar; find the date and click on it.**
- ❖ **Saturday May 30, 2020** – 9 am to 3 pm at Cherry Log Christian Church in Cherry Log, GA

Days of Reflection

- ❖ **Saturday, October 24, 2020** – Dia de los Muertos Day of Reflection at Hazelbrand Farm
Register under “Upcoming Events” at <http://www.contemplativeoutreachatlanta.com>

Be still and know that I am God. Ps 46:10

Silence Solitude Solidarity Service

“The light of Christmas is an explosion of insight changing our whole idea of God.” Thomas Keating

Contemplative Outreach Atlanta is a chapter of

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Contemplative
Outreach



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Contact us at

<https://www.contemplativeoutreachatlanta.com>

Coordinator Maggie Winfrey coatlantageorgia@gmail.com

Find a Centering Prayer group, read our newsletters, and see what is coming soon.